



# The Loire Valley & Dordogne Region of France

Bonjour , Happy February!

Sometimes inspiration comes from unusual places. We have a coffee table book called "*France From the Air*" that is full of images that inspired us to visit the Loire Valley and the Dordogne Regions of France. Sometimes, you find a place that resonates with you. France is one of those places for us — from the vibrancy of Paris to the shores of Normandy, Bordeaux, Lyon (the gastronomic capital of France), to the more laid-back Mediterranean coast, to Lake Annecy, the French Alps, and Chamonix. It is such a diverse and interesting place, full of history and art and good food, that it keeps pulling us back.

The Loire Valley and Dordogne Regions of France are a part of France that you may not have heard of as often as other parts of France. It is often referred to as the "Valley of Kings" due to its abundance of magnificent Chateaux and was a favored location for French royalty while the Dordogne region has some Chateaux but it is more known for its more rugged countryside with rolling hills and forests, medieval villages, ancient caves, and prehistoric sites.

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# We invite you to subscribe to our YouTube channel

Last year we focused a lot on our YouTube videos. We are planning to do that again this year with a focus on providing better videos and more information on visiting places you might have never considered. Subscribe to our YouTube Channel to get notified of our latest stuff.



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## Loire Valley



## Oh the Chateaux!

We explored a dozen Châteaux in the Loire Valley each with its unique charm. Highlights include the magnificent Château Chambord, the exquisite Renaissance beauty of Château Chenonceau (Pictured above), and the meticulously designed, colorful and expansive gardens of Château Villandry. Learn more about these castles and this region of France from our blog and our YouTube videos. We created a video with footage, imagery, and information about each of the châteaux that we visited. We've also put together an overview of the Loire Valley, complete with maps and information about driving in France, since you will need a car to visit.

[Read Blog](#)





## Loire Valley France - An Overview and Tips for Visiting



## Dordogne



## **Dordogne Discovery: Medieval Marvels**

In the Dordogne region, our exploration revolved around the medieval village of Sarlat-la-Canéda, serving as a practical and charming home base with its amazing market held twice a week. Check out the VRBO we rented right in the heart of the old town. We ventured out to visit notable sites like Chateau Beynac - a well preserved medieval fortress perched high upon a limestone cliff and known as the site of several movies including *the Last Duel* with Matt Damon and Adam Driver and Ben Affleck and Chateau Milandes - purchased by Josephine Baker who was an iconic American-born French dancer, singer, and actress. The town of Domme, perched atop cliffs, offered panoramic views, while Rocamadour (technically not in the Dordogne but very close - pictured above), known for its dramatic construction within the cliffside, is a renowned pilgrimage site and if you are in the area it should not be missed.

[Read Blog](#)

**Dordogne Region Travel Guide: Tips and Scenes from Sarlat, Beynac, Domme, plus Rocamadour**

# Dordogne Region



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**Personal Note:** As I write this today, Terry and I have both been infected with COVID and are isolating at home. As someone who tries to look on the bright side of things, I think that getting sick is a good reminder to enjoy those times when we aren't sick even more. Health affects us all and as time marches on, we all get older and aging affects many things - for us it has affected the way we travel. There are certain things we can no longer do so we try to embrace the things that we **CAN** do even more. Instead of waiting until you're retired to explore, make exploration a part of your lives when you can. Make it a priority, whether it's local exploration or journeys to faraway places. There is no better way to stimulate your aging mind or the mind of your

children and grandchildren than to expose it to different cultures, communities, activities and points of view. Keep Just Traveling Thru.



## Keep Just Traveling Thru **Stay Healthy**

COVID is still here - keep on  
washing your hands!

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