

2023 NEWLETTER #1



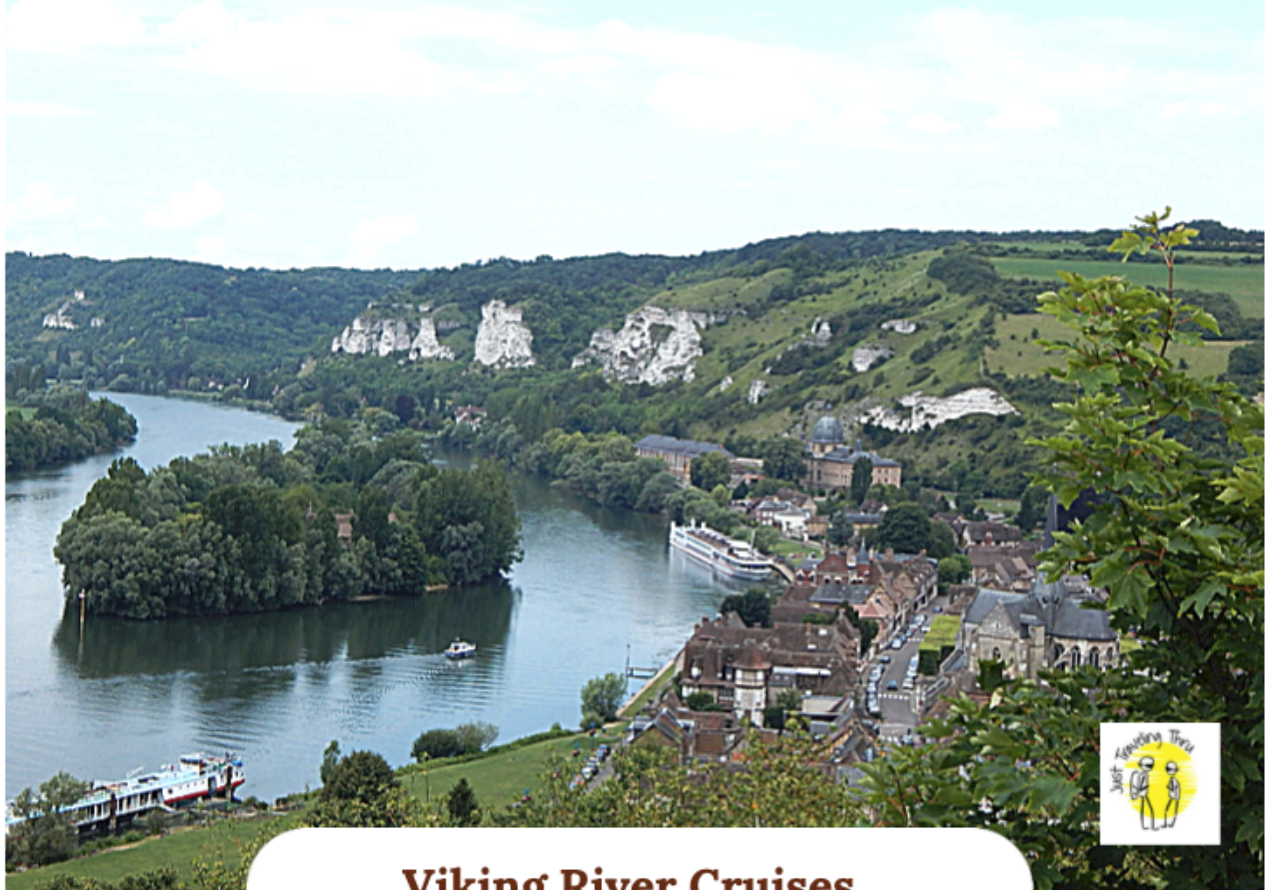
Mont Saint-Michel, France

Mont Saint-Michel is an abbey that sits on a tidal island off of the coast of Normandy. In 709 it was started as a sanctuary for the bishop of Avranches and in 906 it became a benedictine community at the request of the Duke of Normandy. The abbey church and monestary was built during the 11th and 12th centuries. The view of the Abbey from every angle is awe inspiring. It's a Unesco World Heritage site. It's possible to visit Mont Saint Michel as a day trip from Paris using the fabulous train system in France. Check out our blog and video for more info regarding how to get there and what to see.

“With age, comes wisdom. With travel, comes understanding.”

– [Sandra Lake](#)

[Read the blog](#)



Viking River Cruises

www.justtravelingthru.com

Viking Cruises are a hassle free way to explore, to learn about the culture and food of an area and to meet people. River cruises don't require a lot of planning as you simply book your trip and show up at the airport with your luggage in tow. Each day there are tours to pick from or you can do your own thing. Feel free to walk off the ship at any port or take the daily tours. We took my parents with us and found river cruising a great way to explore parts of Europe...but they aren't for everyone. Check out our blog or the video we put together with tips for first timers to see if river cruising is for you!

Viking River Cruises - overview



CHÂTEAU GAILLARD



ROUEN



MONET'S GARDEN

Viking River Cruise Paris to Normandy Review



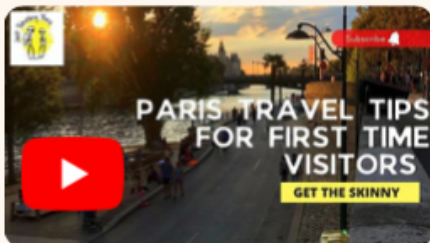
Subscribe to our Youtube channel to get inspired and get notifications when we post new videos

LATEST VIDEOS



Mont St Michel

Our video explains how to do Mont Saint Michel from Paris as a day trip by train. Get all of the details and tips to make your excursion successful.



Visiting Paris for the first time?

Check out our video offering tips for first time visitors to Paris. If you don't plan to go anytime soon just do a little armchair travel and check it out anyways!



Sarasota - not just a beach town

Sarasota is our home base - check out the first of our Sarasota around town series videos where we give some interesting facts about the place we call home.



Viking River Cruises

Viking River Cruises can be a lot of fun and a dream come true for a lot of people...but...are they the right trip for you? Check out our video and see what you think.

Monet's Garden

- Monet's garden 45 miles from Paris hosts over 1/2 million visitors each year.
- Monet had over 250 paintings of his gardens.
- As he lost his sight he would paint his gardens from memory



Tides at Mont Saint-Michel

- The tidal variance between low and high tides is about 46 ft.
- Every 18 years or so a "supertide" can occur which completely covers the causeway out to the island. The last time it occurred was on March 21, 2015 .

New Year Free Gift

Free T-SHIRT

first 20 customers

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this code at checkout!

LOVEMYFREETEE



Coming Next Issue



In our next issue we plan to talk about Portugal. Portugal has amazing beaches, food and wine and an interesting history. It has all of that at bargain prices. In fact, we are considering going back again later this year as we are looking for more cost effective ways to travel.

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